



Pamela "Pam" Rock

August 24, 2022

Pamela Jane Rock was born on August 6, 1961. Born to John and Jane Rock of Plantation, FL. She was the 14th and youngest child.

Pam attended St. Gregory's Catholic School in Plantation then attended St. Thomas Aquinas High School in Fort Lauderdale, FL. After high school, Pam attended the University of Florida from 1980-84, graduating with a Bachelor's of Science in Nutrition and Dietetics. She was a proud member of the Gator Marching Band for four years.

She worked for the state of Florida WIC program in Alachua County, then spent three years with the Peace Corps in Guatemala educating women on proper nutrition for families. She ventured out west to Yellowstone and spent time on an Indian reservation also educating women on infants' nutritional needs. Pam returned to the east coast working in North Carolina and Georgia resuming her passion with the WIC program. Pam returned to Gainesville, FL and pursued her Post Office employment.

Pam was a devoted Florida Gator fan, like many of her siblings. She loved going to UF Football games with her brother whenever she could. Pam loved gardening, building relationships with new people, especially in her church group. Pam loved animals and was a volunteer at St Francis Pet Care in Gainesville. Unfortunately we lost her on Monday, August 22nd at University

of Florida Shands Trauma Unit. She will be missed by her surviving siblings(11)and all her nieces and nephews who loved her.

Memorial contributions in Pam's honor can be made to the following:

St. Francis Pet Care

104 SE 4th Pl

Gainesville, FL 32601

Service of Remembrance will be celebrated on Thursday, August 25, 2022 at Trinity United Methodist Church; 4000 NW 53rd Avenue Gainesville. at 2:00 pm. The family will receive friends beginning at 1:00 pm

Tribute Wall

FD

“ Hello Dee Dee....Faye Duncan.....Gainesville, Fl

Faye K Duncan - September 10, 2022 at 08:11 PM

FF

“ My friend, my ear when I needed someone to listen, my Rural King lunch mate....Above ALL ...My Sister in Christ.. What an Amazing person!!

Faye Duncan Fargas - September 10, 2022 at 08:08 PM

M1

“ We just heard about the Rock family's loss yesterday, after your memorial service. If we had known, we would have attended. Kyrilyn (Bruner-Stanbridge), my daughter, and I are so sad to hear that Pam is gone. Kyrilyn remembers fondly the times we visited with Pam, when Kyri was still a young girl. Indeed, we send our condolences to every Rock family member, and especially to the ones we knew best, Ronnie (and Bob), Randy (thank you, Randy, for making the Eggplant Parmesan for us that day in the old servants' quarters along the Caloosahatchee in Fort Myers. It is my favorite meal ever since, and I eat it on my birthdays -- Monday will be my 73rd.) We attended three Rock weddings back in the day. I had not realized that Pam was the youngest or that she had her mother's name as her middle name. We are so sorry and sad that Pam's life was cut short in such a manner. May our Creator and Redeemer and Everlasting KING of the universe comfort each of you. Love to you all. You are all an amazing family whom we first met in 1985. MaryAnn Stuart

MaryAnn Stuart (Bruner prior to 1993) - August 26, 2022 at 09:57 PM

GB

“ I happened into a friendship with Pam several years ago and I am a better person for having been that fortunate. She proved to be a fierce and loyal friend. I did not know her family well, but I do remember a man cub named Thomas being in the picture. There was never any doubt how much he meant to her. If there were siblings I'm sorry I never had the opportunity to meet them. To friends and family, my deepest sympathies. Words can not console, events can not be reversed.

The friendship she extended will forever be a part of my life. I know the love she shared with each of you will always be part of yours.

Grif Bonneville - August 25, 2022 at 07:54 PM

DW

“ It is with great sadness that I extend my utmost condolence to the Rock family and pray God's continued strength and comfort to each family member. Heartfelt condolences to my classmates, the Rock twins, Randy and Ronnie.

Desinda "Dee-Dee" Wood-Carper - August 25, 2022 at 04:35 PM

DU

“ I had the honor of being Pam's pastor for one year in Cumming, GA, before each of us moved away. I remember her joy and her servant heart. She made a difference in this world, and now lives in glory.

Don Underwood - August 25, 2022 at 03:25 PM